## **COVID 19 AND**



In these uncertain times COVID-19 may also be a risk and there is a significant amount of knowledge required to enable you to travel safely. If you saw a nurse in General Practice, such individuals cover so many areas of care that it is not reasonable to expect them to have detailed knowledge on aspects such as entry and testing requirements for different countries, vaccine status evidence etc. especially as the global picture is changing all the time. However, the specifics for your trip are your responsibility.

Here are some links to useful resources:

- Foreign, Commonwealth and Development Office (FCDO) Travel Advice https://www.gov.uk/foreign-travel-advice
- 2. UK Government Travel Abroad: links to many pages that replaced the previous step by step guide Travel abroad GOV.UK www.gov.uk
- 3. COVID-19: General Advice for Travellers from the National Travel Health Network and Centre (NaTHNaC) NaTHNaC COVID-19: general advice fortravellers <a href="https://www.travelhealthpro.org.uk">www.travelhealthpro.org.uk</a>

Remember, it is vital to take out travel insurance, ensuring that this covers you for any COVID-19 related complications at all. Make sure you ask the insurance company about this.