

USEFUL LINKS

Global Travel Clinic Directory: If you need to continue your vaccinations while abroad find a clinic using this link: [The International Society of Travel Medicine \(istm.org\)](http://www.istm.org)

Fit for Travel - Scottish NHS public travel site for general advice on all aspects of travel and country specific information, including malaria maps www.fitfortravel.nhs.uk

NaTHNaC - National Travel Health Network and Centre England based, with similar information to above <http://travelhealthpro.org.uk/>

FCO - Foreign & Commonwealth Office, especially useful for safety and security and specific pages for types of travellers, e.g. gap year, responsible tourism. Also look at 'Our Publications' www.gov.uk/government/organisations/foreign-commonwealth-office

Sunsmart - is the Cancer research website providing information about skin cancer and sun protection advice www.sunsmart.org.uk

Travel health products to take away with you – these are just a small selection of many resources available. Please note the Village Medical Centre is not endorsing such items, merely providing information:

www.lifsystems.co.uk / www.nomadtravel.co.uk / www.safariquip.co.uk / www.travelpharm.com

Useful advice booklet on 'travelling at high altitude' - **Medex** - www.medex.org.uk